



Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

### PELVIC FLOOR IMPACT QUESTIONNAIRE

Instructions: Please answer each question by circling the best response. While answering these questions please consider your symptoms over the last month. We realize that you may not be having problems in some of these areas but please fill out this form as completely as possible.

How do symptoms or conditions relate to the following:	Bladder or Urine	Bowel or Rectum	Vagina or pelvis
1. Ability to do household chores (cooking, house cleaning, laundry)?	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit
2. Ability to do physical activities such as walking, swimming or other exercise	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit
3. Entertainment activities such as going to a movie or concert?	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit
4. Ability to travel by car or bus for a distance greater than 30 minutes away from home'?	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit
5. Participating in social activities outside your home?	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit
6. Emotional health (nervousness, depression, etc)?	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit
7. Feeling frustrated?	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit	0-Not At All 1-Somewhat 2-Moderately 3-Quite a Bit

Scoring the PFIQ-7 All of the items use the following response scale

Scaled scores; Obtain the mean value of all the answered items within the corresponding scale and then multiply by (100/3) for the scale score. Missing items are dealt with by using the mean from the answered items only,

Score: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_